

AFTER YOUR SILVER AMALGAM RESTORATION

You have received a silver amalgam filling to replace the portion of your tooth damaged by dental decay. We are providing these instructions to help you get the most from your new filling and to maintain a healthy mouth.

EATING AND DRINKING

Please avoid chewing solid food until the numbness has worn off completely. If you are hungry, you can drink a milkshake or other liquid. You may notice a quick sensitivity to hot and cold when eating or drinking. This is a normal response to the new filling. You should notice improvement in a few days. Avoid eating ice and popcorn kernels as they can cause a filled tooth to fracture.

BRUSHING AND FLOSSING

Continue with your normal home care routine. Brush in the morning after breakfast, and floss and brush before bed.

CALLING OUR OFFICE

Tooth sensitivity is a common side effect following the placement of a silver amalgam filling. If the sensitivity worsens or lasts more than two weeks, please contact our office for a complimentary healing check. If your bite feels strange or uneven please call our office for a complimentary bite adjustment appointment. It is very important that your bite be normal. If you have any other questions or concerns, please feel free to call our office at (706) 796-6269.